

## कक्षा - 7 की मासिक कार्यक्रम प्रसारण सारणी

## Monthly Program Transmission Schedule of Class - 7

### कक्षा - 7 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

### Subject-wise Weekly Program Transmission Schedule of Class - 7

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा
भूगोल	हिन्दी	संस्कृत/ उर्दू (उर्दू)	इतिहास	हिन्दी	संस्कृत/ उर्दू (उर्दू)	राजनीति विज्ञान
English	Geography	History	English	Political Science	Geography	Activities Mathematics/ Science
Mathematics	Science	Mathematics	Science	Mathematics	Science	History
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

[https://www.swayamprabha.gov.in/index.php/program/current\\_se/29](https://www.swayamprabha.gov.in/index.php/program/current_se/29).

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Thursday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



## कक्षा - 7 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 7

जून 2023

June 2023

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
<b>बृहस्पतिवार, 01 जून 2023 Thursday, 01 June 2023</b>			
गणित	Ch-6: त्रिभुज और उसके गुण भाग-1	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
इतिहास	पाठ-7: जनजातियां, खानाबदोश और एक जगह बसे हुए समुदाय	हिंदी	12:31 AM    03:01 AM    05:31 AM    08:01 AM    10:31 AM    01:01 PM    03:31 PM    06:01 PM    08:31 PM    11:01 PM
English	Honeycomb, Ch-5: Trees	English	01:01 AM    03:31 AM    06:01 AM    08:31 AM    11:01 AM    01:31 PM    04:01 PM    06:31 PM    09:01 PM    11:31 PM
General Awareness	Emotional well being and mental health	English	01:12 AM    03:42 AM    06:12 AM    08:42 AM    11:12 AM    01:42 PM    04:12 PM    06:42 PM    09:12 PM    11:42 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav 2022Vocal Music-Classical (Girl) Maharashtra	English hindi	01:17 AM    03:47 AM    06:17 AM    08:47 AM    11:17 AM    01:47 PM    04:17 PM    06:47 PM    09:17 PM    11:47 PM
Storytelling/Value Education	आजादी की कहानी-3	हिंदी	01:26 AM    03:56 AM    06:27 AM    08:57 AM    11:27 AM    01:57 PM    04:27 PM    06:57 PM    09:27 PM    11:57 PM
Science	Ch-12: Reproduction in plants	English	01:38 AM    04:08 AM    06:38 AM    09:08 AM    11:38 AM    02:08 AM



DD Free Dish Channel #29



8800440559



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Dish TV Channel #2028

			PM    04:39 PM    07:09 PM    09:39 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:05 AM    09:35 AM    12:05 PM    02:35 PM    05:05 PM    07:35 PM    10:05 PM
<b>शुक्रवार, 02 जून 2023</b> <b>Friday, 02 June 2023</b>			
विज्ञान	पाठ-12: पादप में जनन	हिंदी	12:00 AM    02:29 AM    04:59 AM    07:29 AM    09:59 AM    12:29 PM    02:59 PM    05:29 PM    07:59 PM    10:29 PM
सामान्य जागरूकता	असल जीवन की स्थितियाँ- कचरा जलना और उसका क्या करना है	हिंदी	12:21 AM    02:51 AM    05:21 AM    07:51 AM    10:21 AM    12:51 PM    03:21 PM    05:51 PM    08:21 PM    10:51 PM
हिन्दी	पाठ-11: वसंत-२: रहीम के दोहे	हिंदी	12:33 AM    03:03 AM    05:33 AM    08:03 AM    10:32 AM    01:02 PM    03:32 PM    06:02 PM    08:32 PM    11:02 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-6	हिंदी	12:54 AM    03:24 AM    05:54 AM    08:24 AM    10:53 AM    01:23 PM    03:53 PM    06:23 PM    08:53 PM    11:23 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	01:11 AM    03:41 AM    06:11 AM    08:41 AM    11:11 AM    01:41 PM    04:11 PM    06:41 PM    09:11 PM    11:41 PM
Political science	Ch-1: On Equality	English	01:12 AM    03:42 AM    06:12 AM    08:42 AM    11:12 AM    01:41 PM    04:11 PM    06:41 PM    09:11 PM    11:41 PM
सामान्य जागरूकता	पारस्परिक संबंध	हिंदी	01:44 AM    04:14 AM    06:44 AM    09:14 AM    11:44 AM    02:14 PM    04:44 PM    07:14 PM    09:44 PM

Mathematics	Ch-7: Congruence of Triangles (Part-3)	English	01:50 AM    04:20 AM    06:50 AM    09:20 AM    11:50 AM    02:19 PM    04:49 PM    07:19 PM    09:49 PM
Vocational	घर पर बनाए हर्बल शैम्पू	हिंदी	02:00 AM    04:30 AM    07:00 AM    09:30 AM    12:00 PM    02:29 PM    04:59 PM    07:29 PM    09:59 PM
<b>शनिवार, 03 जून 2023</b> <b>Saturday, 03 June 2023</b>			
गणित	Ch-6: त्रिभुज और उसके गुण भाग-1	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
Creative Activities: Art & Craft	3D Butterfly	English	12:31 AM    03:01 AM    05:31 AM    08:01 AM    10:31 AM    01:01 PM    03:31 PM    06:01 PM    08:31 PM    11:01 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	12:33 AM    03:03 AM    05:33 AM    08:03 AM    10:33 AM    01:03 PM    03:33 PM    06:03 PM    08:33 PM    11:03 PM
Bihar Education Project	चाचा कहते हैं	हिंदी	12:37 AM    03:07 AM    05:37 AM    08:07 AM    10:37 AM    01:07 PM    03:37 PM    06:07 PM    08:37 PM    11:07 PM
संस्कृत	पाठ-1: सुभाषित -I	संस्कृत	12:39 AM    03:09 AM    05:39 AM    08:09 AM    10:39 AM    01:09 PM    03:39 PM    06:09 PM    08:39 PM    11:09 PM
Geography	Ch-3: Our Changing Earth	English	01:10 AM    03:40 AM    06:10 AM    08:40 AM    11:10 AM    01:40 PM    04:10 PM    06:40 PM    09:10 PM    11:40 PM
General Awareness	e-waste management Block-2	English	01:30 AM    04:00 AM    06:30 AM    09:00 AM    11:30 AM    02:00



			PM    04:30 PM    07:00 PM    09:30 PM
Science	Ch-12: Reproduction in plants	English	01:44 AM    04:14 AM    06:44 AM    09:14 AM    11:44 AM    02:14 PM    04:44 PM    07:14 PM    09:44 PM
Vocational	Finishing and costing of embroidered Products	English	02:11 AM    04:41 AM    07:11 AM    09:41 AM    12:11 PM    02:41 PM    05:11 PM    07:41 PM    10:11 PM
Vocational	Design and Tracing Methods (Stencil Method)	English	02:22 AM    04:52 AM    07:22 AM    09:52 AM    12:22 PM    02:52 PM    05:22 PM    07:52 PM    10:22 PM
<b>रविवार, 04 जून 2023</b> <b>Sunday, 04 June 2023</b>			
Physical Education	COVID 19 Awareness	English	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
राजनीति विज्ञान	पाठ-6: संचार माध्यमों को समझना (Part-2)	हिंदी	12:20 AM    02:50 AM    05:20 AM    07:50 AM    10:20 AM    12:50 PM    03:20 PM    05:50 PM    08:21 PM    10:51 PM
Cultural Heritage: Art, Music & Dance	Understanding Our Architectural Heritage	English	12:33 AM    03:03 AM    05:33 AM    08:03 AM    10:33 AM    01:03 PM    03:33 PM    06:03 PM    08:33 PM    11:03 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	12:47 AM    03:17 AM    05:47 AM    08:17 AM    10:47 AM    01:17 PM    03:47 PM    06:17 PM    08:47 PM    11:17 PM
सामान्य जागरूकता	स्वस्थ बढ़ना	हिंदी	12:47 AM    03:17 AM    05:47 AM    08:17 AM    10:48 AM    01:18 PM    03:48 PM    06:18 PM    08:48 PM    11:18 PM
Storytelling/Value Education	आजादी की कहानी-3	हिंदी	12:52 AM    03:22 AM    05:52 AM    08:22 AM    10:52 AM    01:22



			PM    03:52 PM    06:22 PM    08:52 PM    11:22 PM
General	Pawanmuktasana	English	01:03 AM    03:33 AM    06:04 AM    08:34 AM    11:04 AM    01:34 PM    04:04 PM    06:34 PM    09:04 PM    11:34 PM
General Awareness	Make Your Own Sundial	English	01:09 AM    03:39 AM    06:09 AM    08:39 AM    11:09 AM    01:39 PM    04:09 PM    06:39 PM    09:10 PM    11:40 PM
सामान्य	ताड़ासन	हिंदी	01:12 AM    03:42 AM    06:12 AM    08:42 AM    11:12 AM    01:42 PM    04:12 PM    06:42 PM    09:12 PM    11:42 PM
General Awareness	Azadi ki Amrit khaniyan(Arohi)	English	01:15 AM    03:45 AM    06:15 AM    08:45 AM    11:15 AM    01:45 PM    04:15 PM    06:45 PM    09:15 PM    11:45 PM
सामान्य जागरूकता	रौशनी और रंग	हिंदी	01:18 AM    03:48 AM    06:18 AM    08:48 AM    11:18 AM    01:48 PM    04:18 PM    06:48 PM    09:18 PM    11:48 PM
History	Ch-9: The Making of Regional Cultures (Part-2)	English	01:34 AM    04:04 AM    06:34 AM    09:04 AM    11:34 AM    02:04 PM    04:34 PM    07:04 PM    09:34 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:50 AM    04:20 AM    06:50 AM    09:20 AM    11:50 AM    02:20 PM    04:50 PM    07:20 PM    09:50 PM
<b>सोमवार, 05 जून 2023</b> <b>Monday, 05 June 2023</b>			
विज्ञान	पाठ-12: पादप में जनन	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:01 PM    05:31 PM    08:01 PM    10:31 PM



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Bihar Education Project	नई उड़ान	हिंदी	12:21 AM    02:52 AM    05:22 AM    07:52 AM    10:22 AM    12:52 PM    03:22 PM    05:53 PM    08:23 PM    10:53 PM
सामान्य जागरूकता	जेंडर समानता	हिंदी	12:23 AM    02:53 AM    05:23 AM    07:53 AM    10:24 AM    12:54 PM    03:24 PM    05:54 PM    08:24 PM    10:54 PM
भूगोल	पाठ-3: हमारी बदलती पृथ्वी	हिंदी	12:30 AM    03:00 AM    05:31 AM    08:01 AM    10:31 AM    01:01 PM    03:31 PM    06:01 PM    08:32 PM    11:02 PM
General Awareness	Safe Use of Internet_Gadgets and Media	English	12:55 AM    03:25 AM    05:55 AM    08:25 AM    10:55 AM    01:25 PM    03:56 PM    06:26 PM    08:56 PM    11:26 PM
Creative Activities: Art & Craft	3D Kaleidoscope	English	01:00 AM    03:31 AM    06:01 AM    08:31 AM    11:01 AM    01:31 PM    04:01 PM    06:32 PM    09:02 PM    11:32 PM
General Awareness	Empowerment: Hearing stories from student changemakers across the country	English	01:04 AM    03:34 AM    06:04 AM    08:34 AM    11:04 AM    01:35 PM    04:05 PM    06:35 PM    09:05 PM    11:35 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	Origami (Kagaz Kala)-1	हिंदी	01:11 AM    03:41 AM    06:12 AM    08:42 AM    11:12 AM    01:42 PM    04:12 PM    06:42 PM    09:13 PM    11:43 PM
English	Honeycomb, Ch-5: Trees	English	01:22 AM    03:52 AM    06:22 AM    08:52 AM    11:22 AM    01:53 PM    04:23 PM    06:53 PM    09:23 PM    11:53 PM
General Awareness	Segregation chip-chop	English	01:33 AM    04:03 AM    06:33 AM    09:03 AM    11:33 AM    02:03 PM    04:34 PM    07:04 PM    09:34 PM



Mathematics	Ch-7: Congruence of Triangles (Part-3)	English	01:44 AM    04:15 AM    06:45 AM    09:15 AM    11:45 AM    02:15 PM    04:45 PM    07:16 PM    09:46 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	01:54 AM    04:25 AM    06:55 AM    09:25 AM    11:55 AM    02:25 PM    04:55 PM    07:26 PM    09:56 PM
Vocational	Personal hygiene and Health	English	02:14 AM    04:44 AM    07:14 AM    09:45 AM    12:15 PM    02:45 PM    05:15 PM    07:45 PM    10:15 PM
<b>मंगलवार, 06 जून 2023</b> <b>Tuesday, 06 June 2023</b>			
गणित	Ch-6: त्रिभुज और उसके गुण भाग-1	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
हिन्दी	पाठ-11: वसंत-२: रहीम के दोहे	हिंदी	12:33 AM    03:04 AM    05:34 AM    08:04 AM    10:34 AM    01:04 PM    03:34 PM    06:04 PM    08:34 PM    11:04 PM
Storytelling/Value Education	आम की टोकरी	हिंदी	12:54 AM    03:24 AM    05:55 AM    08:25 AM    10:55 AM    01:25 PM    03:55 PM    06:25 PM    08:55 PM    11:25 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	12:57 AM    03:27 AM    05:57 AM    08:27 AM    10:57 AM    01:27 PM    03:57 PM    06:27 PM    08:57 PM    11:27 PM
Creative Activities: Art & Craft	3D Kaleidoscope	English	12:58 AM    03:28 AM    05:58 AM    08:28 AM    10:58 AM    01:28 PM    03:58 PM    06:28 PM    08:58 PM    11:28 PM
Geography	Ch-3: Our Changing Earth	English	01:01 AM    03:31 AM    06:01 AM    08:31 AM    11:01 AM    01:31 PM





			04:01 PM    06:31 PM    09:01 PM    11:31 PM
सामान्य	अर्ध चक्रासन	हिंदी	01:21 AM    03:51 AM    06:21 AM    08:51 AM    11:21 AM    01:51 PM    04:21 PM    06:51 PM    09:22 PM    11:52 PM
Science	Ch-12: Reproduction in plants	English	01:23 AM    03:53 AM    06:23 AM    08:53 AM    11:23 AM    01:53 PM    04:23 PM    06:53 PM    09:24 PM    11:54 PM
Vocational	Personal hygiene and Health	English	01:50 AM    04:20 AM    06:50 AM    09:20 AM    11:50 AM    02:20 PM    04:50 PM    07:20 PM    09:50 PM
Vocational	घर पर बनाए हर्बल शैम्पू	हिंदी	02:00 AM    04:30 AM    07:00 AM    09:30 AM    12:00 PM    02:30 PM    05:00 PM    07:30 PM    10:00 PM
<b>बुधवार, 07 जून 2023</b> <b>Wednesday, 07 June 2023</b>			
विज्ञान	पाठ-12: पादप में जनन	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:31 PM    08:01 PM    10:31 PM
उर्दू	ईदगाह	हिंदी	12:23 AM    02:53 AM    05:23 AM    07:53 AM    10:24 AM    12:54 PM    03:24 PM    05:54 PM    08:24 PM    10:54 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	12:51 AM    03:21 AM    05:52 AM    08:22 AM    10:52 AM    01:22 PM    03:52 PM    06:22 PM    08:52 PM    11:23 PM
Storytelling/Value Education	गुलज़ार बच्चों के साथ	हिंदी	12:52 AM    03:22 AM    05:52 AM    08:22 AM    10:52 AM    01:23 PM    03:53 PM    06:23 PM    08:53 PM    11:23 PM



History	Ch-9: The Making of Regional Cultures (Part-2)	English	01:04 AM    03:35 AM    06:05 AM    08:35 AM    11:05 AM    01:35 PM    04:05 PM    06:35 PM    09:06 PM    11:36 PM
General Awareness	e-waste management Block-1	English	01:23 AM    03:53 AM    06:23 AM    08:53 AM    11:23 AM    01:54 PM    04:24 PM    06:54 PM    09:24 PM    11:54 PM
Mathematics	Ch-7: Congruence of Triangles (Part-3)	English	01:35 AM    04:05 AM    06:35 AM    09:05 AM    11:36 AM    02:06 PM    04:36 PM    07:06 PM    09:36 PM 
General Awareness	Prevention and Management of Substance Misuse	English	01:45 AM    04:15 AM    06:45 AM    09:15 AM    11:46 AM    02:16 PM    04:46 PM    07:16 PM    09:46 PM 
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:50 AM    04:20 AM    06:51 AM    09:21 AM    11:51 AM    02:21 PM    04:51 PM    07:21 PM    09:51 PM 
<b>बृहस्पतिवार, 08 जून 2023</b> <b>Thursday, 08 June 2023</b>			
गणित	पाठ-7: त्रिभुजों की सर्वांगसमता भाग-1	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
इतिहास	पाठ-8: ईश्वर से अनुराग	हिंदी	12:35 AM    03:05 AM    05:35 AM    08:05 AM    10:35 AM    01:05 PM    03:35 PM    06:05 PM    08:35 PM    11:05 PM
General Awareness	Safety and Security against Violence and Injuries	English	01:05 AM    03:35 AM    06:05 AM    08:35 AM    11:05 AM    01:35 PM    04:05 PM    06:35 PM    09:05 PM    11:35 PM
Creative Activities: Art & Craft	Fun with Paper- Double Spiral from Square	English	01:12 AM    03:42 AM    06:12 AM    08:42 AM    11:12 AM    01:42 PM 



			PM    04:12 PM    06:42 PM    09:12 PM    11:42 PM
English	Ch-6: Expert detectives- Mystery of the talking fan Part-1	English	01:16 AM    03:46 AM    06:16 AM    08:46 AM    11:16 AM    01:46 PM    04:16 PM    06:46 PM    09:16 PM    11:46 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2019 Instrumental Music Competition: Girls: Haryana	English hindi	01:25 AM    03:55 AM    06:25 AM    08:55 AM    11:26 AM    01:56 PM    04:26 PM    06:56 PM    09:26 PM    11:56 PM
Science	Ch-13:Motion And Time (Part- 1)	English	01:31 AM    04:01 AM    06:31 AM    09:01 AM    11:31 AM    02:01 PM    04:31 PM    07:01 PM    09:31 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:50 AM    04:20 AM    06:50 AM    09:20 AM    11:50 AM    02:20 PM    04:50 PM    07:21 PM    09:51 PM
शुक्रवार, 09 जून 2023 Friday, 09 June 2023			
विज्ञान	पाठ-13: गति एवं समय	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	12:35 AM    03:05 AM    05:35 AM    08:05 AM    10:35 AM    01:05 PM    03:35 PM    06:05 PM    08:35 PM    11:05 PM
हिन्दी	पाठ-13:वसंत-२: एक तिनका	हिंदी	12:36 AM    03:06 AM    05:36 AM    08:06 AM    10:36 AM    01:06 PM    03:36 PM    06:06 PM    08:36 PM    11:06 PM
Political science	Ch-2: Role of the Government in Health	English	01:02 AM    03:32 AM    06:02 AM    08:32 AM    11:02 AM    01:32 PM    04:02 PM    06:32 PM    09:02 PM    11:32 PM



रचनात्मक गतिविधियाँ: कला और शिल्प	आओ खेलौने बनाएं	हिंदी	01:26 AM    03:56 AM    06:26 AM    08:56 AM    11:27 AM    01:57 PM    04:27 PM    06:57 PM    09:27 PM    11:57 PM
Mathematics	Ch-8: Comparing quantities	English	01:42 AM    04:12 AM    06:42 AM    09:12 AM    11:42 AM    02:12 PM    04:42 PM    07:13 PM    09:43 PM
Vocational	Tools And Materials	English	02:12 AM    04:42 AM    07:12 AM    09:42 AM    12:12 PM    02:42 PM    05:12 PM    07:42 PM    10:12 PM
<b>शनिवार, 10 जून 2023</b> <b>Saturday, 10 June 2023</b>			
गणित	पाठ-7: त्रिभुजों की सर्वांगसमता भाग-1	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:31 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	आओ खेलौने बनाएं	हिंदी	12:35 AM    03:06 AM    05:36 AM    08:06 AM    10:36 AM    01:06 PM    03:36 PM    06:06 PM    08:36 PM    11:07 PM
संस्कृत	पाठ-1: सुभाषित -II	संस्कृत	12:51 AM    03:21 AM    05:52 AM    08:22 AM    10:52 AM    01:22 PM    03:52 PM    06:22 PM    08:52 PM    11:22 PM
सामान्य जागरूकता	भावनात्मक कल्याण एवं मानसिक स्वास्थ्य	हिंदी	01:20 AM    03:50 AM    06:20 AM    08:50 AM    11:20 AM    01:50 PM    04:21 PM    06:51 PM    09:21 PM    11:51 PM
Geography	Ch-4: Air	English	01:25 AM    03:55 AM    06:25 AM    08:55 AM    11:25 AM    01:55 PM    04:26 PM    06:56 PM    09:26 PM    11:56 PM
Bihar Education Project	चाचा कहते हैं	हिंदी	01:44 AM    04:14 AM    06:44 AM    09:14 AM    11:44 AM    02:14



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			PM    04:44 PM    07:14 PM    09:44 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	01:45 AM    04:15 AM    06:45 AM    09:15 AM    11:45 AM    02:16 PM    04:46 PM    07:16 PM    09:46 PM
Science	Ch-13: Motion And Time (Part- 1)	English	01:45 AM    04:16 AM    06:46 AM    09:16 AM    11:46 AM    02:16 PM    04:46 PM    07:16 PM    09:46 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:05 AM    09:35 AM    12:05 PM    02:35 PM    05:05 PM    07:35 PM    10:06 PM
<b>रविवार, 11 जून 2023</b> <b>Sunday, 11 June 2023</b>			
Physical Education	COVID 19 Awareness	English	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
Storytelling/Value Education	आजादी की कहानी-3	हिंदी	12:20 AM    02:50 AM    05:20 AM    07:50 AM    10:20 AM    12:50 PM    03:20 PM    05:50 PM    08:21 PM    10:51 PM
राजनीति विज्ञान	पाठ-7: हमारे आस-पास के बाज़ार	हिंदी	12:32 AM    03:02 AM    05:32 AM    08:02 AM    10:32 AM    01:02 PM    03:32 PM    06:02 PM    08:32 PM    11:02 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	12:57 AM    03:27 AM    05:57 AM    08:27 AM    10:57 AM    01:27 PM    03:57 PM    06:27 PM    08:57 PM    11:27 PM
Storytelling/Value Education	नन्हा फ़नकार	हिंदी	12:57 AM    03:27 AM    05:57 AM    08:27 AM    10:57 AM    01:27 PM    03:57 PM    06:27 PM    08:57 PM    11:27 PM



सांस्कृतिक विरासत: कला, संगीत और नृत्य	Dance A Way of Expression-1	हिंदी	01:11 AM    03:41 AM    06:11 AM    08:41 AM    11:11 AM    01:41 PM    04:12 PM    06:42 PM    09:12 PM    11:42 PM
सामान्य जागरूकता	असल जीवन की स्थितियाँ- कचरा जलना और उसका क्या करना है	हिंदी	01:42 AM    04:12 AM    06:42 AM    09:12 AM    11:42 AM    02:12 PM    04:42 PM    07:12 PM    09:42 PM
History	Ch-10: Eighteenth century political formations (Part-1)	English	01:53 AM    04:23 AM    06:53 AM    09:23 AM    11:53 AM    02:23 PM    04:53 PM    07:23 PM    09:53 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:03 AM    04:33 AM    07:03 AM    09:33 AM    12:03 PM    02:33 PM    05:03 PM    07:33 PM    10:03 PM
Vocational	Design and Tracing Methods (Heat Method)	English	02:23 AM    04:53 AM    07:23 AM    09:53 AM    12:23 PM    02:53 PM    05:23 PM    07:53 PM    10:23 PM
सोमवार, 12 जून 2023 Monday, 12 June 2023			
विज्ञान	पाठ-13: गति एवं समय	हिंदी	12:00 AM    02:29 AM    04:59 AM    07:29 AM    09:59 AM    12:29 PM    02:59 PM    05:29 PM    07:59 PM    10:29 PM
Storytelling/Value Education	अकल बड़ी या पूँछ	हिंदी	12:35 AM    03:05 AM    05:35 AM    08:05 AM    10:35 AM    01:05 PM    03:35 PM    06:05 PM    08:35 PM    11:05 PM
भूगोल	पाठ-4: वायु	हिंदी	12:37 AM    03:07 AM    05:37 AM    08:07 AM    10:37 AM    01:07 PM    03:37 PM    06:07 PM    08:37 PM    11:07 PM
Storytelling/Value Education	I have got 10 little fingers	English	01:10 AM    03:40 AM    06:10 AM    08:40 AM    11:10 AM    01:40 AM



			PM    04:10 PM    06:40 PM    09:10 PM    11:40 PM
सामान्य	वक्रासन	हिंदी	01:19 AM    03:49 AM    06:19 AM    08:49 AM    11:19 AM    01:49 PM    04:19 PM    06:49 PM    09:19 PM    11:49 PM
English	Ch-6: Expert detectives- Mystery of the talking fan Part-1	English	01:22 AM    03:52 AM    06:22 AM    08:52 AM    11:22 AM    01:52 PM    04:22 PM    06:51 PM    09:21 PM    11:51 PM
Mathematics	Ch-8: Comparing quantities	English	01:35 AM    04:05 AM    06:35 AM    09:05 AM    11:35 AM    02:05 PM    04:35 PM    07:05 PM    09:35 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:04 AM    04:34 AM    07:04 AM    09:34 AM    12:04 PM    02:34 PM    05:04 PM    07:34 PM    10:04 PM
<b>मंगलवार, 13 जून 2023</b> <b>Tuesday, 13 June 2023</b>			
गणित	पाठ-7: त्रिभुजों की सर्वांगसमता भाग-1	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:31 PM    03:01 PM    05:31 PM    08:01 PM    10:31 PM
Creative Activities: Art & Craft	3D Kaleidoscope	English	12:35 AM    03:05 AM    05:35 AM    08:05 AM    10:35 AM    01:06 PM    03:36 PM    06:06 PM    08:36 PM    11:06 PM
हिन्दी	पाठ-13: वसंत-२: एक तिनका	हिंदी	12:38 AM    03:08 AM    05:38 AM    08:09 AM    10:39 AM    01:09 PM    03:39 PM    06:09 PM    08:40 PM    11:10 PM
सामान्य	वक्रासन	हिंदी	01:03 AM    03:33 AM    06:04 AM    08:34 AM    11:04 AM    01:34 PM    04:04 PM    06:35 PM    09:05 PM    11:35 PM



Storytelling/Value Education	नन्हा फ़नकार	हिंदी	01:06 AM    03:36 AM    06:06 AM    08:36 AM    11:07 AM    01:37 PM    04:07 PM    06:37 PM    09:07 PM    11:38 PM
Geography	Ch-4: Air	English	01:20 AM    03:50 AM    06:20 AM    08:51 AM    11:21 AM    01:51 PM    04:21 PM    06:51 PM    09:22 PM    11:52 PM
Storytelling/Value Education	एक अनेक और एकता	हिंदी	01:39 AM    04:09 AM    06:39 AM    09:09 AM    11:39 AM    02:10 PM    04:40 PM    07:10 PM    09:40 PM
Science	Ch-13: Motion And Time (Part-1)	English	01:46 AM    04:16 AM    06:46 AM    09:16 AM    11:46 AM    02:17 PM    04:47 PM    07:17 PM    09:47 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:05 AM    09:35 AM    12:06 PM    02:36 PM    05:06 PM    07:36 PM    10:06 PM
<b>बुधवार, 14 जून 2023</b> <b>Wednesday, 14 June 2023</b>			
विज्ञान	पाठ-13: गति एवं समय	हिंदी	12:00 AM    02:29 AM    04:59 AM    07:29 AM    09:59 AM    12:29 PM    02:59 PM    05:29 PM    07:59 PM    10:29 PM
उर्दू	ईदगाह	हिंदी	12:35 AM    03:05 AM    05:35 AM    08:05 AM    10:35 AM    01:05 PM    03:35 PM    06:05 PM    08:35 PM    11:05 PM
Creative Activities: Art & Craft	Fun with Paper- Double Spiral from Square	English	01:03 AM    03:33 AM    06:03 AM    08:33 AM    11:03 AM    01:33 PM    04:03 PM    06:33 PM    09:03 PM    11:33 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	01:07 AM    03:37 AM    06:07 AM    08:37 AM    11:07 AM    01:37 PM    04:07 PM    06:37 PM    09:07 PM    11:37 PM





			PM    04:07 PM    06:37 PM    09:07 PM    11:37 PM
History	Ch-10: Eighteenth century political formations (Part-1)	English	01:08 AM    03:38 AM    06:08 AM    08:38 AM    11:08 AM    01:38 PM    04:08 PM    06:37 PM    09:07 PM    11:37 PM
General Awareness	e-waste & hazardous waste	English	01:17 AM    03:47 AM    06:17 AM    08:47 AM    11:17 AM    01:47 PM    04:17 PM    06:47 PM    09:17 PM    11:47 PM
Mathematics	Ch-8: Comparing quantities	English	01:31 AM    04:00 AM    06:30 AM    09:00 AM    11:30 AM    02:00 PM    04:30 PM    07:00 PM    09:30 PM
Vocational	घर पर बनाए हर्बल शैम्पू	हिंदी	02:00 AM    04:30 AM    07:00 AM    09:30 AM    12:00 PM    02:30 PM    05:00 PM    07:30 PM    09:59 PM
<b>बृहस्पतिवार, 15 जून 2023</b> <b>Thursday, 15 June 2023</b>			
गणित	पाठ-8: राशियों की तुलना	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:01 PM    10:31 PM
General Awareness	Growing up Healthy	English	12:34 AM    03:04 AM    05:35 AM    08:05 AM    10:35 AM    01:05 PM    03:35 PM    06:05 PM    08:35 PM    11:05 PM
इतिहास	पाठ-9: क्षेत्रीय संस्कृतियों का निर्माण	हिंदी	12:38 AM    03:09 AM    05:39 AM    08:09 AM    10:39 AM    01:09 PM    03:39 PM    06:09 PM    08:39 PM    11:10 PM
Storytelling/Value Education	सोने के अंडे देने वाली मुर्गी	हिंदी	01:04 AM    03:34 AM    06:04 AM    08:34 AM    11:04 AM    01:34 PM    04:04 PM    06:35 PM    09:05 PM    11:35 PM



English	English, Ch-6: Expert detectives- Mystery of the talking fan Part-2	English	01:12 AM    03:42 AM    06:12 AM    08:42 AM    11:12 AM    01:42 PM    04:12 PM    06:43 PM    09:13 PM    11:43 PM
Science	Ch-13: Motion And Time (Part-2)	English	01:25 AM    03:55 AM    06:25 AM    08:56 AM    11:26 AM    01:56 PM    04:26 PM    06:56 PM    09:26 PM    11:56 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-7	हिंदी	01:41 AM    04:11 AM    06:41 AM    09:11 AM    11:41 AM    02:11 PM    04:41 PM    07:12 PM    09:42 PM
Vocational	Finishing and costing of embroidered Products	English	02:02 AM    04:33 AM    07:03 AM    09:33 AM    12:03 PM    02:33 PM    05:03 PM    07:33 PM    10:03 PM
Vocational	Personal hygiene and Health	English	02:14 AM    04:44 AM    07:14 AM    09:44 AM    12:15 PM    02:45 PM    05:15 PM    07:45 PM    10:15 PM
शुक्रवार, 16 जून 2023 Friday, 16 June 2023			
विज्ञान	पाठ-14: विद्युत धारा और इसके प्रभाव	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	12:28 AM    02:58 AM    05:29 AM    07:59 AM    10:29 AM    12:59 PM    03:29 PM    05:59 PM    08:29 PM    10:59 PM
हिन्दी	पाठ-14: खानपान की बदलती तस्वीर	हिंदी	12:29 AM    02:59 AM    05:29 AM    07:59 AM    10:29 AM    12:59 PM    03:29 PM    05:59 PM    08:30 PM    11:00 PM
Storytelling/Value Education	आम की टोकरी	हिंदी	12:50 AM    03:20 AM    05:50 AM    08:20 AM    10:50 AM



			01:20 PM    03:50 PM    06:20 PM    08:50 PM    11:20 PM
सामान्य	वज्रासन	हिंदी	12:52 AM    03:22 AM    05:52 AM    08:22 AM    10:53 AM    01:23 PM    03:53 PM    06:23 PM    08:53 PM    11:23 PM
General Awareness	Tree Tale - Kadamba	English	12:55 AM    03:25 AM    05:55 AM    08:25 AM    10:55 AM    01:25 PM    03:55 PM    06:25 PM    08:55 PM    11:26 PM
Political science	Ch-3: How the State Government Works	English	12:57 AM    03:27 AM    05:57 AM    08:27 AM    10:57 AM    01:27 PM    03:57 PM    06:28 PM    08:58 PM    11:28 PM
Creative Activities: Art & Craft	3D Kaleidoscope	English	01:20 AM    03:50 AM    06:20 AM    08:50 AM    11:20 AM    01:50 PM    04:20 PM    06:51 PM    09:21 PM    11:51 PM
Mathematics	Ch-8: Comparing quantities Part-2	English	01:23 AM    03:53 AM    06:23 AM    08:53 AM    11:24 AM    01:54 PM    04:24 PM    06:54 PM    09:24 PM    11:54 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:50 AM    04:20 AM    06:50 AM    09:20 AM    11:51 AM    02:21 PM    04:51 PM    07:21 PM    09:51 PM
<b>शनिवार, 17 जून 2023</b> <b>Saturday, 17 June 2023</b>			
गणित	पाठ-8: राशियों की तुलना	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:01 AM    12:31 PM    03:01 PM    05:32 PM    08:02 PM    10:32 PM
General Awareness	Understanding the value of composting	English	12:34 AM    03:05 AM    05:35 AM    08:05 AM    10:35 AM    01:06 PM    03:36 PM    06:06 PM    08:37 PM    11:07 PM



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संस्कृत	बुद्धि बलवती	हिंदी	12:45 AM    03:15 AM    05:45 AM    08:16 AM    10:46 AM    01:16 PM    03:46 PM    06:17 PM    08:47 PM    11:17 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	12:51 AM    03:21 AM    05:51 AM    08:22 AM    10:52 AM    01:22 PM    03:53 PM    06:23 PM    08:53 PM    11:23 PM
Storytelling/Value Education	बस के नीचे बाग़	हिंदी	12:51 AM    03:22 AM    05:52 AM    08:22 AM    10:52 AM    01:23 PM    03:53 PM    06:23 PM    08:54 PM    11:24 PM
General Awareness	e-waste management Block-3	English	12:57 AM    03:27 AM    05:58 AM    08:28 AM    10:58 AM    01:29 PM    03:59 PM    06:29 PM    09:00 PM    11:30 PM
Storytelling/Value Education	Birthday Party	English	01:15 AM    03:46 AM    06:16 AM    08:46 AM    11:16 AM    01:47 PM    04:17 PM    06:47 PM    09:18 PM    11:48 PM
Geography	Ch-5: Water	English	01:30 AM    04:00 AM    06:30 AM    09:00 AM    11:31 AM    02:01 PM    04:31 PM    07:02 PM    09:32 PM
Science	Ch-13: Motion And Time (Part- 2)	English	01:49 AM    04:20 AM    06:50 AM    09:20 AM    11:51 AM    02:21 PM    04:51 PM    07:21 PM    09:52 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:05 AM    09:36 AM    12:06 PM    02:36 PM    05:07 PM    07:37 PM    10:07 PM
<b>रविवार, 18 जून 2023</b> <b>Sunday, 18 June 2023</b>			
Physical Education	COVID 19 Awareness	English	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM



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			12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	12:20 AM    02:50 AM    05:21 AM    07:51 AM    10:21 AM    12:51 PM    03:21 PM    05:51 PM    08:21 PM    10:51 PM
राजनीति विज्ञान	पाठ-8: बाज़ार में एक कमीज़ (Part- 1)	हिंदी	12:22 AM    02:52 AM    05:22 AM    07:52 AM    10:22 AM    12:52 PM    03:22 PM    05:52 PM    08:22 PM    10:53 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	Dance A Way of Expression-1	हिंदी	12:33 AM    03:03 AM    05:33 AM    08:03 AM    10:33 AM    01:03 PM    03:33 PM    06:03 PM    08:34 PM    11:04 PM
Storytelling/Value Education	नन्हा फ़नकार	हिंदी	01:03 AM    03:33 AM    06:03 AM    08:33 AM    11:03 AM    01:33 PM    04:03 PM    06:33 PM    09:03 PM    11:33 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav 2022Vocal Music- Classical (Girl) Maharashtra	English hindi	01:17 AM    03:47 AM    06:17 AM    08:47 AM    11:17 AM    01:47 PM    04:17 PM    06:47 PM    09:17 PM    11:47 PM
सामान्य जागरूकता	रौशनी और रंग	हिंदी	01:25 AM    03:55 AM    06:25 AM    08:55 AM    11:25 AM    01:55 PM    04:25 PM    06:55 PM    09:25 PM    11:55 PM
History	Ch-10: Eighteenth century political formations (Part-2)	English	01:41 AM    04:11 AM    06:41 AM    09:11 AM    11:41 AM    02:11 PM    04:41 PM    07:11 PM    09:41 PM 
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:05 AM    09:35 AM    12:05 PM    02:35 PM    05:05 PM    07:35 PM    10:05 PM
<b>सोमवार, 19 जून 2023</b> <b>Monday, 19 June 2023</b>			



विज्ञान	पाठ-14: विद्युत धारा और इसके प्रभाव	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:01 AM    12:31 PM    03:01 PM    05:31 PM    08:02 PM    10:32 PM
भूगोल	पाठ-5: जल	हिंदी	12:28 AM    02:59 AM    05:29 AM    07:59 AM    10:29 AM    01:00 PM    03:30 PM    06:00 PM    08:30 PM    11:01 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-10	हिंदी	01:01 AM    03:31 AM    06:01 AM    08:32 AM    11:02 AM    01:32 PM    04:02 PM    06:33 PM    09:03 PM    11:33 PM
English	English, Ch-6: Expert detectives- Mystery of the talking fan Part-2	English	01:20 AM    03:51 AM    06:21 AM    08:51 AM    11:22 AM    01:52 PM    04:22 PM    06:52 PM    09:23 PM    11:53 PM
Creative Activities: Art & Craft	Fun with Paper- Double Spiral from Square	English	01:34 AM    04:04 AM    06:35 AM    09:05 AM    11:35 AM    02:05 PM    04:36 PM    07:06 PM    09:36 PM
Mathematics	Ch-8: Comparing quantities Part-2	English	01:38 AM    04:08 AM    06:38 AM    09:09 AM    11:39 AM    02:09 PM    04:39 PM    07:10 PM    09:40 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:05 AM    09:36 AM    12:06 PM    02:36 PM    05:06 PM    07:37 PM    10:07 PM
<b>मंगलवार, 20 जून 2023</b> <b>Tuesday, 20 June 2023</b>			
गणित	पाठ-8: राशियों की तुलना	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
Storytelling/Value Education	सवाली राम जवाबो रानी	हिंदी	12:34 AM    03:04 AM    05:34 AM    08:04 AM    10:35 AM    01:05



			PM    03:35 PM    06:05 PM    08:35 PM    11:05 PM
हिन्दी	पाठ-14: खानपान की बदलती तस्वीर	हिंदी	12:50 AM    03:20 AM    05:50 AM    08:20 AM    10:50 AM    01:20 PM    03:50 PM    06:20 PM    08:50 PM    11:20 PM
Storytelling/Value Education	आज़ादी की कहानी-3	हिंदी	01:09 AM    03:39 AM    06:10 AM    08:40 AM    11:10 AM    01:40 PM    04:10 PM    06:40 PM    09:10 PM    11:40 PM
Science	Ch-13: Motion And Time (Part- 2)	English	01:21 AM    03:51 AM    06:21 AM    08:51 AM    11:21 AM    01:51 PM    04:22 PM    06:52 PM    09:22 PM    11:52 PM
Storytelling/Value Education	आम की टोकरी	हिंदी	01:37 AM    04:07 AM    06:37 AM    09:07 AM    11:37 AM    02:07 PM    04:37 PM    07:07 PM    09:37 PM
Geography	Ch-5: Water	English	01:39 AM    04:09 AM    06:39 AM    09:09 AM    11:39 AM    02:10 PM    04:40 PM    07:10 PM    09:40 PM
Vocational	The evolution of communication	English	02:01 AM    04:31 AM    07:01 AM    09:31 AM    12:01 PM    02:31 PM    05:01 PM    07:31 PM    10:01 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:05 AM    09:35 AM    12:05 PM    02:35 PM    05:05 PM    07:35 PM    10:05 PM
बुधवार, 21 जून 2023 Wednesday, 21 June 2023			
विज्ञान	पाठ-14: विद्युत धारा और इसके प्रभाव	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:01 PM    05:31 PM    08:01 PM    10:31 PM



उर्दू	ईदगाह	हिंदी	12:28 AM    02:59 AM    05:29 AM    07:59 AM    10:29 AM    12:59 PM    03:29 PM    06:00 PM    08:30 PM    11:00 PM
General Awareness	Segregation chip-chop	English	12:57 AM    03:27 AM    05:57 AM    08:27 AM    10:57 AM    01:28 PM    03:58 PM    06:28 PM    08:58 PM    11:28 PM
History	Ch-10: Eighteenth century political formations (Part-2)	English	01:09 AM    03:39 AM    06:09 AM    08:39 AM    11:09 AM    01:39 PM    04:10 PM    06:40 PM    09:10 PM    11:40 PM
Storytelling/Value Education	आज़ादी की कहानी-2	हिंदी	01:32 AM    04:03 AM    06:33 AM    09:03 AM    11:33 AM    02:03 PM    04:33 PM    07:04 PM    09:34 PM
Mathematics	Ch-8: Comparing quantities Part-2	English	01:47 AM    04:17 AM    06:48 AM    09:18 AM    11:48 AM    02:18 PM    04:48 PM    07:18 PM    09:49 PM
Vocational	Personal hygiene and Health	English	02:14 AM    04:44 AM    07:15 AM    09:45 AM    12:15 PM    02:45 PM    05:15 PM    07:45 PM    10:16 PM
<b>बृहस्पतिवार, 22 जून 2023</b> <b>Thursday, 22 June 2023</b>			
गणित	पाठ-8: राशियों की तुलना भाग-2	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:01 PM    05:31 PM    08:01 PM    10:31 PM
Storytelling/Value Education	अक्ल बड़ी या पूँछ	हिंदी	12:34 AM    03:05 AM    05:35 AM    08:05 AM    10:35 AM    01:05 PM    03:35 PM    06:06 PM    08:36 PM    11:06 PM
इतिहास	पाठ-10: अठारहवीं शताब्दी में नए राजनीतिक गठन	हिंदी	12:36 AM    03:07 AM    05:37 AM    08:07 AM    10:37 AM    01:07





			PM    03:37 PM    06:08 PM    08:38 PM    11:08 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी -1	हिंदी	01:07 AM    03:37 AM    06:07 AM    08:37 AM    11:07 AM    01:38 PM    04:08 PM    06:38 PM    09:08 PM    11:38 PM
English	English, Ch-6: Mystery of the talking fan	English	01:25 AM    03:55 AM    06:25 AM    08:55 AM    11:26 AM    01:56 PM    04:26 PM    06:56 PM    09:26 PM    11:57 PM
Science	Ch-14: Electric Current and Its Effects	English	01:31 AM    04:01 AM    06:31 AM    09:02 AM    11:32 AM    02:02 PM    04:32 PM    07:02 PM    09:33 PM
Storytelling/Value Education	गुलज़ार बच्चों के साथ	हिंदी	01:52 AM    04:22 AM    06:52 AM    09:23 AM    11:53 AM    02:23 PM    04:53 PM    07:23 PM    09:54 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:05 AM    09:35 AM    12:05 PM    02:36 PM    05:06 PM    07:36 PM    10:06 PM
शुक्रवार, 23 जून 2023 Friday, 23 June 2023			
विज्ञान	पाठ-15: प्रकाश	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	12:40 AM    03:10 AM    05:40 AM    08:10 AM    10:40 AM    01:10 PM    03:40 PM    06:10 PM    08:40 PM    11:10 PM
हिन्दी	पाठ-15: वसंत-२:नीलकंठ	हिंदी	12:40 AM    03:10 AM    05:40 AM    08:10 AM    10:40 AM    01:10 PM    03:41 PM    06:11 PM    08:41 PM    11:11 PM



सामान्य जागरूकता	स्वस्थ जीवन शैली को बढ़ावा देना	हिंदी	12:50 AM    03:20 AM    05:50 AM    08:20 AM    10:50 AM    01:20 PM    03:50 PM    06:20 PM    08:50 PM    11:20 PM
सामान्य	शशकासन	हिंदी	12:56 AM    03:26 AM    05:56 AM    08:26 AM    10:56 AM    01:26 PM    03:56 PM    06:26 PM    08:56 PM    11:27 PM
Political science	Ch-4: Growing up as Boys and Girls	English	12:58 AM    03:28 AM    05:58 AM    08:28 AM    10:58 AM    01:29 PM    03:59 PM    06:29 PM    08:59 PM    11:29 PM
Storytelling/Value Education	आम की टोकरी	हिंदी	01:17 AM    03:47 AM    06:17 AM    08:47 AM    11:17 AM    01:47 PM    04:17 PM    06:47 PM    09:17 PM    11:47 PM
Mathematics	Ch-9: Rational numbers	English	01:19 AM    03:49 AM    06:19 AM    08:50 AM    11:20 AM    01:50 PM    04:20 PM    06:50 PM    09:20 PM    11:50 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:50 AM    04:20 AM    06:50 AM    09:20 AM    11:51 AM    02:21 PM    04:51 PM    07:21 PM    09:51 PM
<b>शनिवार, 24 जून 2023</b> <b>Saturday, 24 June 2023</b>			
गणित	पाठ-8: राशियों की तुलना भाग-2	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	12:34 AM    03:04 AM    05:34 AM    08:04 AM    10:35 AM    01:05 PM    03:35 PM    06:05 PM    08:35 PM    11:05 PM
संस्कृत	बुद्धिर्यस्य बलमतस्य	हिंदी	12:35 AM    03:05 AM    05:35 AM    08:05 AM    10:35 AM    01:05



			PM    03:35 PM    06:05 PM    08:35 PM    11:05 PM
Storytelling/Value Education	बस के नीचे बाग़	हिंदी	12:44 AM    03:14 AM    05:44 AM    08:14 AM    10:44 AM    01:14 PM    03:44 PM    06:14 PM    08:45 PM    11:15 PM
Geography	Ch-8: Human Environment Interactions-The Tropical & the Subtropical Region	English	12:50 AM    03:20 AM    05:50 AM    08:20 AM    10:50 AM    01:20 PM    03:50 PM    06:20 PM    08:50 PM    11:20 PM
Storytelling/Value Education	आज़ादी की कहानी-3	हिंदी	01:08 AM    03:38 AM    06:09 AM    08:39 AM    11:09 AM    01:39 PM    04:09 PM    06:39 PM    09:09 PM    11:39 PM
General Awareness	Fabric	English	01:20 AM    03:50 AM    06:20 AM    08:50 AM    11:20 AM    01:50 PM    04:20 PM    06:50 PM    09:21 PM    11:51 PM
Science	Ch-14: Electric Current and Its Effects	English	01:29 AM    03:59 AM    06:29 AM    08:59 AM    11:29 AM    01:59 PM    04:30 PM    07:00 PM    09:30 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:50 AM    04:20 AM    06:50 AM    09:20 AM    11:50 AM    02:20 PM    04:50 PM    07:21 PM    09:51 PM
<b>रविवार, 25 जून 2023</b> <b>Sunday, 25 June 2023</b>			
Physical Education	COVID 19 Awareness	English	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
राजनीति विज्ञान	पाठ-8: बाज़ार में एक कमीज़ (Part-2)	हिंदी	12:22 AM    02:53 AM    05:23 AM    07:53 AM    10:23 AM    12:53 PM    03:23 PM    05:53 PM    08:23 PM    10:53 PM



सांस्कृतिक विरासत: कला, संगीत और नृत्य	Dance A Way of Expression-1	हिंदी	12:35 AM    03:05 AM    05:35 AM    08:05 AM    10:35 AM    01:05 PM    03:35 PM    06:05 PM    08:35 PM    11:05 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	01:04 AM    03:34 AM    06:04 AM    08:34 AM    11:04 AM    01:34 PM    04:04 PM    06:35 PM    09:05 PM    11:35 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-10	हिंदी	01:05 AM    03:35 AM    06:05 AM    08:35 AM    11:05 AM    01:35 PM    04:05 PM    06:35 PM    09:05 PM    11:35 PM
General Awareness	e-waste management Block-2	English	01:24 AM    03:54 AM    06:25 AM    08:55 AM    11:25 AM    01:55 PM    04:25 PM    06:55 PM    09:25 PM    11:55 PM
History	Ch-1: Tracing Changes Through a Thousand Years	English	01:39 AM    04:09 AM    06:39 AM    09:09 AM    11:39 AM    02:09 PM    04:39 PM    07:09 PM    09:39 PM 
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:05 AM    09:35 AM    12:05 PM    02:35 PM    05:05 PM    07:35 PM    10:05 PM 
<b>सोमवार, 26 जून 2023</b> <b>Monday, 26 June 2023</b>			
विज्ञान	पाठ-15: प्रकाश	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:31 PM    08:01 PM    10:31 PM
भूगोल	पाठ-8: मानव-पर्यावरण अन्योन्यक्रिया उष्णकटिबंधीय एवं उपोष्ण प्रदेश	हिंदी	12:40 AM    03:10 AM    05:40 AM    08:10 AM    10:40 AM    01:10 PM    03:40 PM    06:11 PM    08:41 PM    11:11 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	01:08 AM    03:38 AM    06:08 AM    08:38 AM    11:08 AM    01:38



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			PM    04:08 PM    06:39 PM    09:09 PM    11:39 PM
Storytelling/Value Education	सवाली राम जवाबो रानी	हिंदी	01:08 AM    03:38 AM    06:08 AM    08:38 AM    11:09 AM    01:39 PM    04:09 PM    06:39 PM    09:09 PM    11:39 PM
English	English, Ch-6: Mystery of the talking fan	English	01:23 AM    03:54 AM    06:24 AM    08:54 AM    11:24 AM    01:54 PM    04:24 PM    06:55 PM    09:25 PM    11:55 PM
सामान्य	शशकासन	हिंदी	01:31 AM    04:02 AM    06:32 AM    09:02 AM    11:32 AM    02:02 PM    04:32 PM    07:02 PM    09:33 PM
Mathematics	Ch-9: Rational numbers	English	01:34 AM    04:04 AM    06:34 AM    09:04 AM    11:34 AM    02:04 PM    04:35 PM    07:05 PM    09:35 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:05 AM    09:35 AM    12:05 PM    02:35 PM    05:06 PM    07:36 PM    10:06 PM
<b>मंगलवार, 27 जून 2023</b> <b>Tuesday, 27 June 2023</b>			
गणित	पाठ-8: राशियों की तुलना भाग-2	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:31 PM    03:01 PM    05:31 PM    08:01 PM    10:32 PM
Creative Activities: Art & Craft	3D Kaleidoscope	English	12:34 AM    03:05 AM    05:35 AM    08:05 AM    10:35 AM    01:06 PM    03:36 PM    06:06 PM    08:36 PM    11:06 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिंदी	12:38 AM    03:08 AM    05:38 AM    08:08 AM    10:39 AM    01:09 PM    03:39 PM    06:09 PM    08:39 PM    11:10 PM



हिन्दी	पाठ-15: वसंत-२:नीलकंठ	हिंदी	12:43 AM    03:13 AM    05:44 AM    08:14 AM    10:44 AM    01:14 PM    03:45 PM    06:15 PM    08:45 PM    11:15 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	12:52 AM    03:22 AM    05:52 AM    08:23 AM    10:53 AM    01:23 PM    03:53 PM    06:24 PM    08:54 PM    11:24 PM
Science	Ch-14: Electric Current and Its Effects	English	12:52 AM    03:23 AM    05:53 AM    08:23 AM    10:53 AM    01:24 PM    03:54 PM    06:24 PM    08:54 PM    11:25 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-10	हिंदी	01:13 AM    03:44 AM    06:14 AM    08:44 AM    11:14 AM    01:45 PM    04:15 PM    06:45 PM    09:15 PM    11:46 PM
Storytelling/Value Education	खेल पिटारा	हिंदी	01:33 AM    04:03 AM    06:34 AM    09:04 AM    11:34 AM    02:04 PM    04:35 PM    07:05 PM    09:35 PM
Geography	Ch-8: Human Environment Interactions-The Tropical & the Subtropical Region	English	01:48 AM    04:18 AM    06:49 AM    09:19 AM    11:49 AM    02:19 PM    04:50 PM    07:20 PM    09:50 PM
Vocational	Personal hygiene and Health	English	02:08 AM    04:38 AM    07:09 AM    09:39 AM    12:09 PM    02:39 PM    05:10 PM    07:40 PM    10:10 PM
Vocational	Fishbone Stitch	English	02:19 AM    04:49 AM    07:19 AM    09:49 AM    12:19 PM    02:50 PM    05:20 PM    07:50 PM    10:20 PM
<b>बुधवार, 28 जून 2023</b> <b>Wednesday, 28 June 2023</b>			
विज्ञान	पाठ-15: प्रकाश	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM



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			12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
Storytelling/Value Education	सोने के अंडे देने वाली मुर्गी	हिंदी	12:40 AM    03:10 AM    05:40 AM    08:10 AM    10:40 AM    01:10 PM    03:40 PM    06:10 PM    08:40 PM    11:10 PM
उर्दू	ईदगाह	हिंदी	12:48 AM    03:18 AM    05:48 AM    08:18 AM    10:48 AM    01:18 PM    03:48 PM    06:18 PM    08:48 PM    11:18 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	01:16 AM    03:46 AM    06:16 AM    08:46 AM    11:16 AM    01:46 PM    04:16 PM    06:47 PM    09:17 PM    11:47 PM
History	Ch-1: Tracing Changes Through a Thousand Years	English	01:16 AM    03:47 AM    06:17 AM    08:47 AM    11:17 AM    01:47 PM    04:17 PM    06:47 PM    09:17 PM    11:47 PM
Mathematics	Ch-9: Rational numbers	English	01:42 AM    04:12 AM    06:43 AM    09:13 AM    11:43 AM    02:13 PM    04:43 PM    07:13 PM    09:43 PM
सामान्य जागरूकता	पारस्परिक संबंध	हिंदी	02:13 AM    04:43 AM    07:13 AM    09:44 AM    12:14 PM    02:44 PM    05:14 PM    07:44 PM    10:14 PM
Vocational	Feather Stitch	English	02:19 AM    04:49 AM    07:19 AM    09:49 AM    12:19 PM    02:49 PM    05:19 PM    07:49 PM    10:19 PM
<b>बृहस्पतिवार, 29 जून 2023</b> <b>Thursday, 29 June 2023</b>			
गणित	पाठ-9: परिमेय संख्याएँ	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:31 PM    03:01 PM    05:31 PM    08:01 PM    10:32 PM



इतिहास	पाठ-1: हजार वर्षों के दौरान हुए परिवर्तनों की पड़ताल	हिंदी	12:35 AM    03:06 AM    05:36 AM    08:06 AM    10:36 AM    01:07 PM    03:37 PM    06:07 PM    08:37 PM    11:08 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी -1	हिंदी	12:58 AM    03:29 AM    05:59 AM    08:29 AM    10:59 AM    01:30 PM    04:00 PM    06:30 PM    09:00 PM    11:31 PM
English	English, Ch-7: Dad and the cat and the tree	English	01:17 AM    03:47 AM    06:17 AM    08:47 AM    11:18 AM    01:48 PM    04:18 PM    06:48 PM    09:19 PM    11:49 PM
Science	Ch-15: Light Part-1	English	01:41 AM    04:11 AM    06:41 AM    09:11 AM    11:41 AM    02:12 PM    04:42 PM    07:12 PM    09:42 PM 
Storytelling/Value Education	गुलज़ार बच्चों के साथ	हिंदी	01:52 AM    04:22 AM    06:53 AM    09:23 AM    11:53 AM    02:23 PM    04:54 PM    07:24 PM    09:54 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:05 AM    09:35 AM    12:06 PM    02:36 PM    05:06 PM    07:36 PM    10:07 PM
<b>शुक्रवार, 30 जून 2023</b> <b>Friday, 30 June 2023</b>			
विज्ञान	पाठ-17: वन हमारी जीवन रेखा	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
Storytelling/Value Education	आजादी की कहानी-3	हिंदी	12:27 AM    02:57 AM    05:27 AM    07:57 AM    10:27 AM    12:57 PM    03:27 PM    05:57 PM    08:27 PM    10:57 PM
हिन्दी	पाठ-16:वसंत-२: भोर और बरखा	हिंदी	12:38 AM    03:08 AM    05:38 AM    08:08 AM    10:38 AM    01:08





			PM    03:38 PM    06:08 PM    08:38 PM    11:08 PM
सामान्य जागरूकता	स्वस्थ जीवन शैली को बढ़ावा देना	हिंदी	12:50 AM    03:20 AM    05:50 AM    08:20 AM    10:50 AM    01:20 PM    03:50 PM    06:20 PM    08:50 PM    11:20 PM
सामान्य	शशकासन	हिंदी	12:56 AM    03:26 AM    05:56 AM    08:26 AM    10:56 AM    01:26 PM    03:56 PM    06:26 PM    08:56 PM    11:26 PM
Political science	Ch-5: Women Change the World	English	12:58 AM    03:28 AM    05:58 AM    08:28 AM    10:58 AM    01:28 PM    03:58 PM    06:28 PM    08:58 PM    11:28 PM
Storytelling/Value Education	आम की टोकरी	हिंदी	01:23 AM    03:53 AM    06:23 AM    08:53 AM    11:23 AM    01:53 PM    04:23 PM    06:53 PM    09:23 PM    11:53 PM
Mathematics	Ch-10: Practical Geomtry	English	01:26 AM    03:56 AM    06:26 AM    08:56 AM    11:26 AM    01:56 PM    04:26 PM    06:56 PM    09:26 PM    11:56 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:50 AM    04:20 AM    06:50 AM    09:20 AM    11:50 AM    02:20 PM    04:50 PM    07:20 PM    09:50 PM

